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Assignment Title: Testbank assessment

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<question type="mc">

 1. The student nurse attends a lecture and takes notes to acquire knowledge, skills or both, over the course content. This demonstrates which principle?

|  |  |
| --- | --- |
| A. | education |
| B. | encoding |
| C. | metacognition |
| D. | learning |

ANS: D

Analysis: Refer to ‘Strategies for positive learning’ in Chapter 1.

<question type="mc">

2. The student nurse displays anger regarding the timetable for laboratory sessions. Her reaction can be described as an:

|  |  |
| --- | --- |
| A. | inclination |
| B. | attribute |
| C. | attitude |
| D. | influence |

ANS: C

Analysis: Refer to ‘Develop a positive attitude’ in Chapter 1.

<question type="mc">

3. A characteristic, either positive or negative, that belongs to a person is known as an:

|  |  |
| --- | --- |
| A. | attitude |
| B. | inclination |
| C. | attribute |
| D. | influence |

ANS: C

Analysis: Refer to ‘Create positive self-images’ in Chapter 1.

<question type="mc">

4. The student nurse demonstrates competence in medication administration. This competence would be considered:

|  |  |
| --- | --- |
| A. | an ability |
| B. | a perfectionism |
| C. | a talent |
| D. | an understanding |

ANS: A

Analysis: Refer to ‘Recognise your abilities’ in Chapter 1.

<question type="mc">

 5. After completing the first day of class, the nursing student has an overwhelming expectation of being able to complete the entire week’s assignments in one day. This expectation BEST describes:

|  |  |
| --- | --- |
| A. | ability |
| B. | perfectionism |
| C. | talent |
| D. | understanding |

ANS: B

Analysis: Refer to ‘Seek assistance with your limitations’ in Chapter 1.

<question type="mc">

 6. What are the five basic skills required for success in studies and in life?

|  |  |
| --- | --- |
| A. | Reading, mathematics, listening, drawing and writing |
| B. | Reading, mathematics, writing, listening and speaking |
| C. | Memorising, drawing, speaking, writing and reading |
| D. | Drawing, speaking, reading, listening and writing |

ANS: B

Analysis: Refer to ‘Develop proficient basic skills’ in Chapter 1.

<question type="mc">

 7. The term *learning style* can BEST be described as the:

|  |  |
| --- | --- |
| A. | concept that an individual may excel at one subject and do poorly in another |
| B. | concept that an individual may prefer certain subjects over others |
| C. | difference between certain individuals who easily learn new data versus those who find learning new data difficult |
| D. | ways an individual best receives, processes and assimilates knowledge about a subject |

ANS: D

Analysis: Refer to ‘Develop your learning style’ in Chapter 1.

<question type="mc">

 8. Individuals who have left-brain dominance are primarily \_\_\_\_\_\_\_\_\_ learners.

|  |  |
| --- | --- |
| A. | visual |
| B. | auditory |
| C. | oral |
| D. | a combination of oral and auditory |

ANS: B

Analysis: Refer to ‘Classification of learning styles’ in Chapter 1.

<question type="mc">

 9. The student nurse is primarily a kinaesthetic learner. Which of the following would be the most helpful learning strategy to prepare for an exam?

|  |  |
| --- | --- |
| A. | Participating in a study group to exchange ideas through discussion |
| B. | Reading chapters from course textbooks aloud |
| C. | Rewriting lecture notes |
| D. | Reading over lecture notes and textbooks |

ANS: C

Analysis: Refer to ‘Classification of learning styles’ in Chapter 1.

<question type="mc">

 10. When planning a study schedule, the student nurse utilises:

|  |  |
| --- | --- |
| A. | encoding |
| B. | metacognition |
| C. | mnemonics |
| D. | time management |

ANS: D

Analysis: Refer to ‘Design a time management plan’ in Chapter 1.

<question type="mc">

 11. Apart from clutter, interruptions and procrastination, what is another barrier to effective time management?

|  |  |
| --- | --- |
| A. | Delegation |
| B. | Perfectionism |
| C. | Making lists |
| D. | Taking activity breaks |

ANS: B

Analysis: Refer to ‘Nursing Highlight: Time wasters; interruptions’ in Chapter 1.

<question type="mc">

 12. The student nurse has delayed the completion of an assessment for several days. The student’s actions are an example of:

|  |  |
| --- | --- |
| A. | delegation |
| B. | perfectionism |
| C. | procrastination |
| D. | learning disability |

ANS: C

Analysis: Refer to ‘Nursing Highlight: Time wasters; interruptions’ in Chapter 1.

 <question type="mc">

 13. The learning strategy by which a memorable word or phrase is created from the list of items that an individual is trying to recall is known as:

|  |  |
| --- | --- |
| A. | encoding |
| B. | metacognition |
| C. | mnemonics |
| D. | time management |

ANS: C

Analysis: Refer to ‘Memory trick: mnemonics’ in Chapter 1.

<question type="mc">

 14. In developing a study plan to cover a particular chapter or unit of nursing content, the student nurse would identify which of the following steps to be the MOST helpful as part of the plan?

|  |  |
| --- | --- |
| A. | Previewing the material to be included |
| B. | Taking specific study breaks |
| C. | Listening to classical music |
| D. | Having snacks and beverages readily available |

ANS: A

Analysis: Refer to ‘Set up the study plan; Note taking’ in Chapter 1.

<question type="mc">

 15. A disciplined intellectual process of applying skilful reasoning, imposing intellectual standards, and self-reflective thinking as a guide to belief or action, is known as:

|  |  |
| --- | --- |
| A. | problem solving |
| B. | metacognition |
| C. | critical thinking |
| D. | learning style |

ANS: C

Analysis: Refer to ‘Practise critical thinking’ in Chapter 1.

<question type="mc">

16. Which of the following is a standard for critical thinking?

|  |  |
| --- | --- |
| A. | Approximation |
| B. | Clarity |
| C. | Inclusion |
| D. | Scope of coverage |

ANS: B

Analysis: Refer to ‘Standards for critical thinking’ in Chapter 1.

<question type="mc">

 17. What are two examples of components of reasoning?

|  |  |
| --- | --- |
| A. | Purpose and assumptions |
| B. | Implications and argumentativeness |
| C. | Assumptions and rationalisation |
| D. | Argumentation and implications |

ANS: A

Analysis: Refer to ‘Reasoning and problem solving’ in Chapter 1.

<question type="mc">

 18. Testing is undertaken for what reasons?

|  |  |
| --- | --- |
| A. | To highlight what you still have to learn. |
| B. | To assess students’ learning progress. |
| C. | To indicate what still needs to be learned. |
| D. | All of the above. |

ANS: D

Analysis: Refer to ‘Attitude and expectations’ in Chapter 1.

<question type="mc">

 19. After receiving a low score in an exam, which of the following approaches should nursing students take to improve their test-taking skills?

|  |  |
| --- | --- |
| A. | Do most studying just before the test. |
| B. | Engage in meditation. |
| C. | Balance intake of food and activity before a test. |
| D. | Analyse why they gave any wrong answers. |

ANS: D

Analysis: Refer to ‘Improve test-taking skills’ in Chapter 1.

<question type="mc">

 20. In any health care setting, the student nurse is aware that ultimate accountability for delegation of nursing tasks remains with:

|  |  |
| --- | --- |
| A. | the health care provider |
| B. | the health agency itself |
| C. | the licensed nurse |
| D. | the person to whom the task is assigned |

ANS: C

Analysis: Refer to ‘Duty delegation’ in Chapter 1.

 <question type="mc">

 21. When a nursing student is preparing for the final exam, which of the following is NOT considered a time-wasting measure?

|  |  |
| --- | --- |
| A. | Have the telephone close by to answer a call or text. |
| B. | Gather all the items for studying in one place. |
| C. | Delay studying until all other activities are finished. |
| D. | Make sure that all notes are perfectly written. |

ANS: B

Analysis: Refer to ‘Nursing highlights: Time wasters’ in Chapter 1.