|  |
| --- |
| **True / False** |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. The costs to society of failing its children are huge.​

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| 2. Children's views are rarely heard and rarely considered in the political process.​

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
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| 3. The actions, or inactions, of government impact children less than any other group in society.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | False |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
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| 4. Children are largely unaware of what is happening politically and economically in the world.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | False |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| 5. A child's world is for the most part carefree, with little pressure other than that of schoolwork.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | False |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 6. Normal child development brings with it a variety of tasks such as achieving independence and forming basic values.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
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| 7. Children in today's world are more "protected" than earlier generations and are not expected to mature as quickly or make critical decisions as early.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | False |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| 8. The resilience approach to understanding children provides one example of looking at the deficiencies of human beings

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

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| *ANSWER:* | False |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 9. Children, as well as adults, need to be treated as worthwhile individuals who can think and behave responsibly in order to build strong self-esteem.​

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

|  |  |
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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| 10. Accreditation standards and states laws govern the certification  and licensure of counselors and psychologists.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

|  |  |
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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| 11. Graduate programs that meet the accreditation requirements of CACREP are 48 semester hours.

|  |  |  |
| --- | --- | --- |
|   | a.  | True |
|   | b.  | False |

|  |  |
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| *ANSWER:* | True |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | True / False |
| *HAS VARIABLES:* | False |
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| **Multiple Choice** |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 12. An invention that provoked a new idea of adulthood was​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​The combustible engine |
|   | b.  | ​The telephone |
|   | c.  | ​The printing press |
|   | d.  | ​The computer |

|  |  |
| --- | --- |
| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 4 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 13. In the 17th century two people who thought that children should be treated with thought and care were​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​Locke and Rousseau |
|   | b.  | ​Rogers and Maslow |
|   | c.  | ​Dixon and Binet |
|   | d.  | ​Freud and Freud |

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| --- | --- |
| *ANSWER:* | a |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 5 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 14. Adults may underestimate children’s ability to​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​Learn |
|   | b.  | ​Problem-solve |
|   | c.  | ​Recognize reality |
|   | d.  | ​All of the above |

|  |  |
| --- | --- |
| *ANSWER:* | d |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 7 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
| *DATE CREATED:* | 10/23/2015 3:28 AM |
| *DATE MODIFIED:* | 10/23/2015 4:16 AM |

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| 15. Family conditions that promote resilience include​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​few alternative caretakers. |
|   | b.  | ​older mothers for resilient males. |
|   | c.  | ​opportunities to participate in household activities |
|   | d.  | ​a strong sense of political commitment. |

|  |  |
| --- | --- |
| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 14 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 16. According to your text, some of the things that cause our children problems are the following​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​the changing world, values in flux, and stress |
|   | b.  | ​too much sugar and starch in their diets |
|   | c.  | ​a competitive environment |
|   | d.  | ​the focus on self-esteem |

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| *ANSWER:* | a |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 7-9 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 17. One of the continuing challenges for many children is​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​enmeshed extended families |
|   | b.  | ​unchanging values. |
|   | c.  | ​poverty. |
|   | d.  | ​high stakes testing |

|  |  |
| --- | --- |
| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 9 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 18. Brazelton and Greenspan’s “irreducible needs” include all the following EXCEPT​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​physical protection. |
|   | b.  | ​nurturing relationships. |
|   | c.  | ​working alliances |
|   | d.  | ​opportunities to learn |

|  |  |
| --- | --- |
| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 11 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 19. Which of the following statements is true?​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​Counseling involves a relationship between a counselor and client, with the counselor helping the client resolve a problem. |
|   | b.  | ​Child counseling focuses on children with learning, social, or behavioral problems who are not classified as being severely disturbed. |
|   | c.  | ​There are completely different principles of counseling for children than adults. |
|   | d.  | ​None of the above. |

|  |  |
| --- | --- |
| *ANSWER:* | a |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 20. Possibly the most important outcome for counseling occurs when a client​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​is able to cope with the stresses and conflicts of his or her growth and development. |
|   | b.  | feels good about himself or herself, resulting in positive self esteem.​ |
|   | c.  | ​has a feeling of love and belonging. |
|   | d.  | ​learns how to be his/her own counselor. |

|  |  |
| --- | --- |
| *ANSWER:* | d |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 18 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 21. Children bring three pieces of information to the counseling session. That information includes their problem or concern, their feelings about the problem, and​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​their expectations of themselves |
|   | b.  | ​their expectations of the counselor |
|   | c.  | ​their parent’s expectations |
|   | d.  | ​none of the above |

|  |  |
| --- | --- |
| *ANSWER:* | b |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 19 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 22. A counselor working with children focuses on​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​growth and development and the effect of childhood experiences on the adult. |
|   | b.  | ​treating children with serious emotional and behavioral problems. |
|   | c.  | ​helping children with learning, social, or behavioral problems, using both preventive and remedial techniques. |
|   | d.  | ​normal developmental concerns only. |

|  |  |
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| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 19 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 23. Counseling is a process that may involve all of the following except​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​personality change. |
|   | b.  | ​individual and group counseling. |
|   | c.  | ​consultation. |
|   | d.  | ​administration. |

|  |  |
| --- | --- |
| *ANSWER:* | a |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 19 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 24. Which of the following are categories of personal strengths that are positive developmental outcomes of resilience?​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​High expectations, care and support, problem-solving |
|   | b.  | ​Opportunities to participate, high expectations, autonomy |
|   | c.  | ​Social competence, autonomy and purpose |
|   | d.  | ​High expectations, autonomy and care and support |

|  |  |
| --- | --- |
| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 13 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 25. Communities enhance resilience when​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​streets are clean |
|   | b.  | ​education is valued |
|   | c.  | ​road signs are clear |
|   | d.  | ​curfews are enforced |

|  |  |
| --- | --- |
| *ANSWER:* | b |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 14 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 26. While there is considerable overlap, counseling, as opposed to psychotherapy, is generally most appropriate for​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​clients, conscious concerns, preventative and remedial concerns. |
|   | b.  | ​patients, personality concerns, medical settings and a teaching methodology. |
|   | c.  | ​decision-making, developmental and concerns,  and a preventive focus |
|   | d.  | ​educational concerns, vocational concerns, decision-making concerns and personality problems. |

|  |  |
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| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 17 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 27. Jane wants to augment resilient qualities in her fourth-grade students. Basing your answer on the research in resilience, which of the following would you suggest she do?​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​provide opportunities for self-discipline |
|   | b.  | ​provide clear expectations |
|   | c.  | ​encourage them to participate in useful social tasks |
|   | d.  | ​all of the above |

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| *ANSWER:* | d |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 15 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 28. Which of the following was the court case that determined children were protected under the Bill of Rights?​

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|   | a.  | ​*In re Gault*, 387 U.S. 1 (1967) |
|   | b.  | ​*In re Willard,* 632 U.S. 2 (1947) |
|   | c.  | ​*In re Brown,* 84 MS (1962), |
|   | d.  | ​*In re State of Maryland,* 99 U.S. 1 (1928) |

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| *ANSWER:* | a |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 6 |
| *QUESTION TYPE:* | Multiple Choice |
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| 29. Well-being can be defined as​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​The absence of illness |
|   | b.  | ​An optimal state |
|   | c.  | ​Judging life positively and feeling good |
|   | d.  | ​Exercising and eating well |

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| *ANSWER:* | c |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 11 |
| *QUESTION TYPE:* | Multiple Choice |
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| 30. Child welfare agencies are designed to protect with which of the following for children​

|  |  |  |
| --- | --- | --- |
|   | a.  | ​Physical well-being, |
|   | b.  | ​Emotional well-being |
|   | c.  | ​Intellectual well-being |
|   | d.  | ​All of the above |

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| *ANSWER:* | d |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 16 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| 31. State laws protect counselors’ practice through granting​

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|   | a.  | ​Certification |
|   | b.  | ​License |
|   | c.  | ​Graduate degrees |
|   | d.  | ​Medicare and Medicaid |

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| *ANSWER:* | b |
| *POINTS:* | 1 |
| *REFERENCES:* | p. 23 |
| *QUESTION TYPE:* | Multiple Choice |
| *HAS VARIABLES:* | False |
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| **Subjective Short Answer** |

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| 32. Explain the fundamental rights identified in the U.N. Convention on the Rights of the Child.

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| *ANSWER:* | Answers May Vary​ |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Subjective Short Answer |
| *HAS VARIABLES:* | False |
| *STUDENT ENTRY MODE:* | Basic |
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| 33. Outline the historical changes in children’s rights.

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| *ANSWER:* | Answers May Vary​ |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Subjective Short Answer |
| *HAS VARIABLES:* | False |
| *STUDENT ENTRY MODE:* | Basic |
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| 34. Describe the legal significance of *In re Gault.*

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| *ANSWER:* | Answers May Vary​ |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Subjective Short Answer |
| *HAS VARIABLES:* | False |
| *STUDENT ENTRY MODE:* | Basic |
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| 35. List five career options you have in counseling.  What are the educational requirements for each and in what setting would you be employed?

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| *ANSWER:* | Answers May Vary​ |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Subjective Short Answer |
| *HAS VARIABLES:* | False |
| *STUDENT ENTRY MODE:* | Basic |
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| 36. Explain the fundamental aspects of supporting resilient children in families, schools and communities with specific examples.

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| *ANSWER:* | Answers May Vary​ |
| *POINTS:* | 1 |
| *QUESTION TYPE:* | Subjective Short Answer |
| *HAS VARIABLES:* | False |
| *STUDENT ENTRY MODE:* | Basic |
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